

Newsletter

# Are You AWARE?

VisionAWARE.org Self-Help for Vision Loss



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## WHAT'S NEW AT VISIONAWARE.ORG?



*Lylas G. Mogk, MD*

### February is Macular Degeneration and Low Vision Awareness Month

Learn more about [age-related macular degeneration \(AMD\)](#) from renowned specialist **Lylas G. Mogk, MD**, Founding Director of the Visual Rehabilitation and Research Center of Michigan, part of the Henry Ford Health System Eye Care Services.

VisionAWARE's low vision information can help you learn more about [low vision terms](#), [low vision optical devices](#), [non-optical devices](#) that can help with low vision, [low vision examinations](#), and [vision rehabilitation services](#).

### A Day "On the Road" with a Vision Rehabilitation Therapist

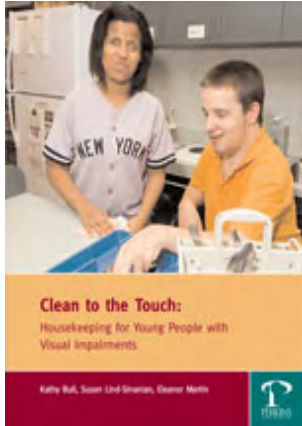
Join Vision Rehabilitation Therapist Stephanie Stephens Van "On the Road" as she provides instruction in adapted daily living skills to three older adults who are blind or have low vision.

[Read Stephanie's story and learn more about vision rehabilitation therapy services.](#)



*Vision Rehabilitation Therapist  
Stephanie Stephens Van*

## Clean to the Touch



**Cover photograph of  
Clean To the Touch**

This innovative new teaching manual provides easy-to-use, step-by-step techniques that can enable people with visual impairments to accomplish a wide range of housecleaning and housekeeping tasks easily, safely, and effectively.

[Read our interview with authors Kathy Bull, Susan Lind-Sinanian, and Ellie Martin, along with an excerpt from the book.](#)

## 2009 Is Off To a Fantastic Start!

Since we launched VisionAWARE in 2007, thousands of people have visited and used our resources. In 2008 alone, we helped 600 people by answering their personal questions, guiding them to resources and providing support and inspiration. The feedback has been phenomenal. We are truly humbled by the many thanks we receive and the difference we hope we are making in your lives.

We are also grateful to our many individual donors, to The Gibney Family Foundation, and to Readers Digest Partners for Sight Foundation for their generous support that helps us continue to add more helpful information, answer more of your personal questions, and let more people know that we are here to help them.

Please [send a donation of any amount today](#). Even \$5, \$10, or \$25 helps VisionAWARE provide trusted, impartial information and reach more people in need. In fact, we need your help more than ever to help us continue our work. Please help VisionAWARE make a real difference in people's lives by donating generously today.



## A Self-Help Gift Idea



Surprise your favorite Valentine with a fun, functional, and useful gift from the [VisionAWARE online store](#).

Select the perfect gift from our selection of large print puzzle books, household and cooking gadgets, and fashionable, attractive talking watches and clocks. A portion of each purchase supports VisionAWARE.

**Tell A Friend:** If you know someone who could find this information helpful, please pass this newsletter on and encourage him or her to [subscribe at VisionAWARE](#).

## About VisionAWARE

AWARE is a 501 (c)(3) non-profit social service organization. AWARE's primary focus is [VisionAWARE](#), a "Self-Help for Vision Loss" web site that includes Questions & Answers on a wide range of topics, including eye diseases and disorders, home management, home modification, reading and writing, personal care and grooming, recreational activities, crafts, braille, computers and technology, and helpful services and resources.

For more information, e-mail Maureen A. Duffy, AWARE's Editorial Director, at [maureen.duffy@visionaware.org](mailto:maureen.duffy@visionaware.org)

[Your donation](#) can help us continue to promote self-help vision rehabilitation hints, provide step-by-step adaptive techniques, and disseminate information on services and independent living resources to adults with vision loss, their families and friends, caregivers, and related professionals.

VisionAWARE is made possible through the generous support of [Reader's Digest Partners for Sight Foundation](#).



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