

GENERAL EMERGENCY PLANNING

- The American Red Cross provides a personal disaster plan checklist to help organize and prepare for emergencies.
- Make a list of emergency contacts, as well as emergency shelters or places to go if a disaster strikes.
- Most emergency plans suggest creating a disaster supply box or kit. Your kit should also include supplies related to your vision impairment, such as duplicate medication or low vision devices. Label your kit and supplies in large print or with tactile markings.
- Mark utility shut-offs in large print or with tactile markings to help with identification during an emergency.
- Have a care plan and supplies for your service animal and/or pet.

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This publication is a project of Associates for World Action in Rehabilitation & Education (AWARE), a nonprofit organization that provides information and education on vision loss.

This and other vision loss information is also available online at VisionAWARE.org, a "Self-Help for Vision Loss" website. VisionAWARE is a program of AWARE.

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