

Are You AWARE? NEWSLETTER

WHAT'S NEW AT VISIONAWARE

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20th Anniversary of the ADA



July 26 is the 20th anniversary of the [Americans with Disabilities Act](#). The act defines when a vision impairment is an issue, what types of “[reasonable accommodations](#)” employees may require, and how an employer can prevent harassment of employees with visual disabilities or any other disability.

If you or someone you know with vision loss is [starting a new career](#) or regularly employed, use these [employment and workplace adaptations](#) to make sure you understand all of the options available.

Ultraviolet Safety Month



Ultraviolet light affects vision and can [cause cataracts](#) or [worsen other vision loss conditions](#). Learn [how to protect your sight](#) and share these resources with friends and family throughout the month of July.

Meet Sensei Fernandez



[Sensei Devin Fernandez](#) has been studying Martial Arts for the past ten years and has achieved a Shodan Degree Black Belt in Ninpo Ninjutsu. His retinitis pigmentosa (RP) diagnosis left him wondering, "Why me?" and led to the birth of **Third Eye Insight**, a fitness program of Martial Arts, yoga, and mediation for people who are visually impaired and blind.

What's New

New blogs have been added to the [list of blogs by people who are blind or have low vision](#).

[The Dr. Bill Takeshita Foundation](#) provides information and assistance to help children who are visually impaired.

[Qatar Social and Cultural Center for the Blind](#) (QSCCB) was established on the deep belief in the rights of the blind to integrate in society and display their capabilities and potential.

Looking for a low vision resources in your area? Check out the maps added to our [Services in Your State listings](#).

From Our Readers

"There are two things that I like about the VisionAWARE web site. First, the web site offers access to so much good, reliable information in a way that is not patronizing or simplistic. Second, it is easy to navigate the site. It is a pleasure to look around on the web site."

- Belinda Brasley (blogger of [Losing Vision, Gaining Insight](#) and on Twitter [@bbrasley](#))

About Us

Associates for World Action in Rehabilitation & Education (AWARE) is a 501(c)(3) nonprofit social service organization. [VisionAWARE](#) is a "Self-Help for Vision Loss" web site that includes Questions & Answers on a wide range of topics, including eye diseases and disorders, home management, home modification, reading and writing, personal care and grooming, recreational activities, crafts, braille, computers and technology, and helpful services and resources.

For more information, e-mail: [Maureen A. Duffy, Editorial Director](#), or [Anne Yeadon, Executive Director](#).

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